These calls violate

FCC guidelines and

YOU CAN STOP

THEM!



## What Can UOU Do?



1.Complete the online registry at

www.DoNotCall.gov

To verify your registration, you must open the confirmation email.

2.Call 1-888-382-1222

from the phone you wish to register

## File a Complaint with the FCC

If you are listed on the DNC registry, have not requested information from an agent or Medicare provider, your calls may be in violation of FCC policy.

You may file a complaint online at

http://consumercomplaints.fcc.gov



Some calls you receive may be legitimate and permitted by regulations.

Examples include:



Calls from an online Medicare inquiry.



Calls from a 'consent to contact' form that you completed for information.



Calls from your current Medicare Plan provider to discuss your plan benefits and/or other information.

so then...

## WHAT IS NOT ALLOWED?

Below is a list of some calls that may be in violation of FCC policy.



Calls made prior to 8 am or after 9 pm.



Calls made if you are listed on the DNC (do not call) registry.



People calling from fake or randomized numbers.

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Is your phone ringing off the hook? Are you receiving calls prior to 8 am or after 9 pm?
On the DNC list but still getting calls?

